

SUGGESTED SCRIPTURES FOR EXHORTATION & TESTIMONY

(Adapted from the New King James Version Bible)

BIBLE SCRIPTURES FOR ENCOURAGEMENT DURING HARD TIMES

Psalm 55:22 - Cast your burden on the Lord, And He shall sustain you; He shall never permit the righteous to be moved.

Psalm 46:1 - God *is* our refuge and strength, A very present help in trouble.

Psalm 9:9 - The Lord also will be a refuge for the oppressed, A refuge in times of trouble.

Mark 10:27 - But Jesus looked at them and said, "With men it is impossible, but not with God; for with God all things are possible."

Psalm 37:23-24 - The steps of a *good* man are ordered by the Lord, And He delights in his way.
24 Though he fall, he shall not be utterly cast down; For the Lord upholds *him* with His hand.

1 Timothy 6:12 - Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

Psalm 28:6-7 - Blessed *be* the Lord, Because He has heard the voice of my supplications! 7 The Lord *is* my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him.

Hebrews 12:1-3 - Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Psalm 62:5-8 - My soul, wait silently for God alone, For my expectation is from Him. 6 He only is my rock and my salvation; He is my defense; I shall not be moved. 7 In God is my salvation and my glory; The rock of my strength, And my refuge, is in God. 8 Trust in Him at all times, you people; Pour out your heart before Him; God is a refuge for us.

Jeremiah 29:11-13 - For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. 12 Then you will call upon Me and go and pray to Me, and I will listen to you. 13 And you will seek Me and find Me, when you search for Me with all your heart.

1 Corinthians 10:13 - No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

Isaiah 40:28-31 - Have you not known? Have you not heard? The everlasting God, the Lord, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable. 29 He gives power to the weak, And to those who have no might He increases strength. 30 Even the youths shall faint and be weary, And the young men shall utterly fall, 31 But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

Hebrews 13:5 -For He Himself has said, "I will never leave you nor forsake you."